



**October 6, 2005**

### **Student Vocational Nurse Receives Scholarship**



Student Vocational Nurse, Kristin Blohm, received a surprise on her first day back to college at Cerro Coso. A \$500 scholarship from the Foundation of Ridgecrest Regional Hospital (RRH) was given to Kristin in a ceremony honoring the memory of Judith L. Johnson. Arne Johnson, husband of 38 years to Judith, listened to the honor given to his wife with pride. Alice Benton, RRH Foundation President, presented the scholarship. RRH Foundation Member, Bonnie Tucker delivered the tribute in a brief ceremony with an audience of the CCCC class of Vocational Nursing students and the VN Program Director, Mary Kowalski.

Mrs. Tucker stated that Judi Johnson was a remarkable woman who was devoted to her family and to her professional life of teaching. "If she could be here with us today, she would wish each and every nursing student a rewarding career in nursing. She would encourage you to never lose the thirst for knowledge and she would tell you how proud she was of you."

RRH Foundation plans on continuing the delivery of scholarships to both the student vocational nurses and the students in the BC/CC/PC LVN to RN Distance Education Career Ladder Program.

### **Classified Staff Development Day Wrap Up**

Thank you to the staff that participated in last Friday's (September 9, 2005) Classified Staff Development Day:

#### **Breakfast**



Audrey and her crew prepared a wonderful breakfast for the staff, with breakfast cereal, fruit, bagels, mini muffins, pastries, yogurt and a couple other goodies.

### *Stress Reducers*



Kimberlee Kelly ([new Wellness Instructor](#)) gave a great PowerPoint presentation explaining the upside and downside to stress and how we can control and reduce stress in our lives. She also gave us some great ideas for how we can increase our physical activity and the emotional and physical benefits of exercise. Audience members got to participate in a 3 minute meditation session that focused on reducing stress, refocusing, and deep breathing. During the demonstration portion Kimberlee and Shelley Crabtree showed us how to do some stretches while sitting to help loosen up our back muscles, arms, neck and hands.

### *Identity Theft*



Chief Mike Avery showed us a video that illustrated some of the methods identity thieves use, as well as the potential impacts on victims. He discussed numerous methods for protecting against identity theft, as well as what to do if you are or become a victim. Chief Avery provided a pamphlet provided by the Ridgecrest Police Department that they give out to victims of identity theft.

### *Shaved Ice*



Everyone then had an opportunity to take a break and go get a cold treat courtesy of the Shaved Ice Shack. A big thank you and appreciation goes out to Bob and Tammy Crane, owners of the Shaved Ice Shack.

### ***In Summary***

It was a great day, the workshops were informational and useful and everyone enjoyed the refreshments provided. Thanks to all who helped arrange the day's events, made this event possible, and those who participated.

### **Katrina: CCCC & Community**

The CCCC Student Nurse Club accepted donations for a Katrina Relief Fund through Friday, September 16, 2005 after which time the funds will be given to **Operation High Desert Cares**. The College is part of a community-wide effort to sponsor direct assistance to victims of this disaster. Members of the community in the Ridgecrest area are joining together to sponsor a specific relief effort for Katrina Hurricane Relief. A meeting was held on Wednesday, September 7 at KLOA Radio station which discussed various ways of offering assistance.

Representatives from many segments of the IWW community attended including Mayor Chip Holloway, the Salvation Army, the American Red Cross (ARC), the Rotary Club, the News Review, CCCC, and other agencies. A tentative plan was formulated to adopt Long Beach, Mississippi and focus aid to help the city. This city is demographically similar to Ridgecrest stated Mayor Holloway.

Depending on the amount of funds raised, the ideas for assistance ranged from buying a new police car to helping medical, educational, and/or business segments get reestablished. The Mayor stated that creating links with individuals in certain occupations in the Long Beach, MI area with similar individuals in the Ridgecrest area would provide both immediate and sustained support.

Local radio stations and newspapers will contain the details as they become available. At the meeting discussion ensued about the

possibility of providing direct aid in the form of hard goods, such as clothing or food. The representatives from the ARC and the Salvation Army stated that, at this time, this type of support was not as beneficial as providing direct financial support. The ARC representative suggested that a Community Flea Market be held in the College's or a local church's parking lot. Funds raised at the Flea Market could be donated. Individuals were also encouraged to have their own personal garage sales and donate funds to the relief effort.

Other issues discussed included the need for personal emergency preparedness and having a community-wide disaster drill. Having a pre-established system of communication for your family, especially your children, needs to be part of your preparedness plan.

Placed in the CCCC mailboxes was a list of basic emergency supplies which could be shared with students and family members.

### **Cerro Coso Community College to Host 25th Annual College and University Night**

Cerro Coso Community College held its 25th Annual College and University Night on Thursday, September 22, 2005, from 6:00 – 8:00 p.m. in the Cerro Coso College Student Center.

Current college and high school students, along with members of the community, were invited to meet representatives from selected University of California and California State University campuses, as well as private/independent colleges and universities, military services, and Cerro Coso programs.

According to Ms. June Wasserman, Director of Counseling at Cerro Coso, "This event helps students make choices about where it is best

for them to continue their education; it is an integral part of our transfer program.”

Some of the schools attending were: CSUs Bakersfield, Humboldt, San Jose and San Bernardino; UCs Davis and Merced; California Baptist College, Charles Drew, Columbia University, Fresno Pacific, La Sierra University, and Woodbury University. In addition, the following branches of the United States service are expected: Army, Navy, and Marines. A variety of Cerro Coso College programs were also represented.

## Business Office Technology Certificates and Degree



The flyer features the Cerro Coso Community College logo at the top left. The main title is "Business Office Technology" in a large, bold font. Below the title, a blue banner lists the programs: "Office Assistant One Award, Office Assistant Two Award, Office Assistant Certificate, Business Office Technology Associate of Science Degree". An illustration shows two people working at a computer. The text on the flyer reads: "Interested in launching a career in a field that can open many doors in a variety of fields? Ask about Business Office Technology and take courses such as: Microsoft Office application programs: Word, Excel, Access, Power Point, Front Page; Study Business Communications, Internet; Introduction to Business, Computer Literacy, Office Personnel Seminar, and Keyboarding along with electives such as: Introduction to Accounting, and Business Mathematics. Earn awards and certificates along the way to your degree!" At the bottom left, contact information is provided: "Name: K'isha Office 108 Learning Resource Center (New Library Building) 4:00 to 5:00 pm weekdays Phone: 562-866-4121 Fax: 562-866-4122 Email: kisha@cerrocoso.edu".

Office Assistant One Award  
Office Assistant Two Award  
Office Assistant Certificate  
Business Office Technology Associates of Science Degree

Cerro Coso Community College is offering Certificates and a Degree in Business Office Technology. These programs can open many doors into a variety of fields.

Classes being offered in Business Office Technology include: Microsoft Office Application Programs (Word, Excel, Access, Power Point, Front Page), Study Business Communications, Internet, Introduction to Business, Computer Literacy, Office Personnel Seminar, and Keyboarding, along with electives such as Introduction to Accounting and Business Mathematics.

Awards and Certificates can be earned along with a journey toward a degree.

