



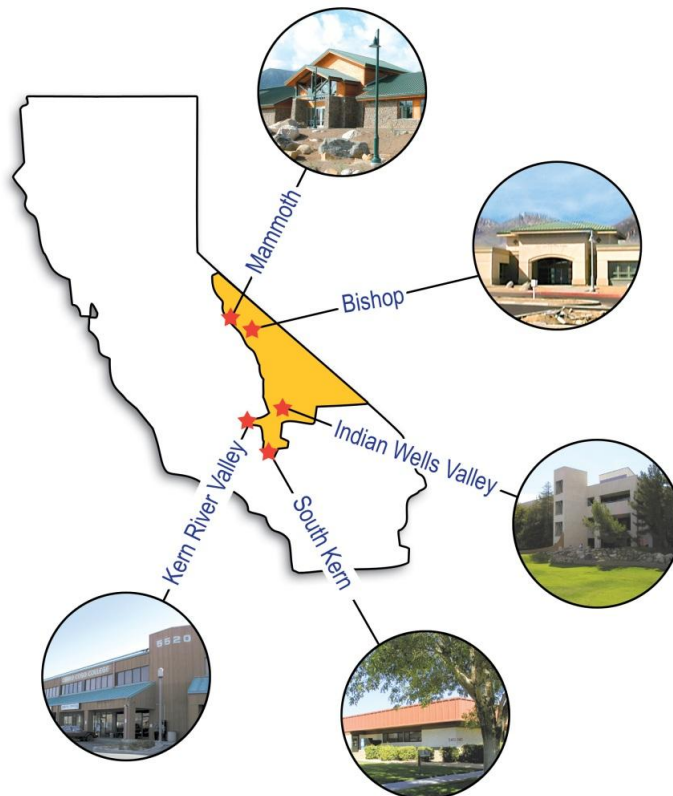
OFFICE OF COMMUNITY EDUCATION

CLASS SCHEDULE

www.cerrocoso.edu/communityed

Updated April 19, 2012

Cerro Coso Community College offers a variety of professional development and personal enrichment classes available to the public through its five campus locations.



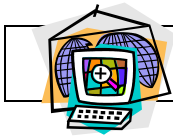
If you are an employer and are interested in customized training classes for your employees, please visit our Training & Development site at www.cerrocoso.edu/employeetraining

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These classes do not award college credit

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QUESTIONS? Please contact us at (760) 384-6106 or at communityed@cerrocoso.edu



TECHNOLOGY SERIES



Basic Digital Photography: Shoot, Store, & Share

Instructor:	Ray Hocker	Fee:	\$50 per person
Class Dates:	06/18/12 - 06/27/12 (Mon. & Wed.)	Minimum Age:	12
Times:	6:00 P.M. to 8:00 P.M.	Class Size Limit:	50
Campus:	Indian Wells Valley (Ridgecrest)	Room Number:	TBA

To suggest more topics for our Technology Series – see Page 5

In this class, you will learn how to:

- Shoot better images with your digital camera or Digital Single Lens Reflex (DSLR) camera
- Store and preserve the digital images taken by your camera
- Share your images using editing tools and software for online and print distribution

Taking Photos with Your Smartphone, iPad, or Tablet

Instructor:	Ray Hocker	Fee:	\$25 per person
Class Dates:	06/12/12 (Tuesday)	Minimum Age:	12
Times:	6:00 P.M. to 9:00 P.M.	Class Size Limit:	35
Campus:	Indian Wells Valley (Ridgecrest)	Room Number:	TBA

The high megapixel cameras that are a part of many new smartphones and digital tablets have revolutionized photography. These "built in" cameras often exceed the resolution and quality of many point- and-shoot cameras! However, creating the best pictures from them can be both intimidating and challenging.

In this class, you will learn how the smartphones and tablets work and how to maximize their potential. Along with learning how to get great looking still and video images, you will also learn how to manage, edit, enhance, and share your images using the most popular apps for the iPhone and iPad. The techniques and tools demonstrated for the Apple devices generally apply to other smartphones and tablets as well.

Social Media for Small Business Owners

Instructor:	Vickie Taton	Fee:	\$50 per person
Class Dates:	05/05/12 (Saturday)	Minimum Age:	18
Times:	10:00 A.M. to 4:00 P.M.	Class Size Limit:	15
Campus:	ESCC (Mammoth Lakes)	Room Number:	208

In this class, you will learn how to:

- Understand the role of social media in modern business marketing
- Create and maintain business accounts in Facebook and Twitter
- Understand and use an RSS reader
- Write, monitor, and use a blog for business networking and marketing

Digital Imaging for Small Business Owners

Instructor:	Vickie Taton	Fee:	\$50 per person
Class Dates:	05/19/12 (Saturday)	Minimum Age:	18
Times:	10:00 A.M. to 4:00 P.M.	Class Size Limit:	15
Campus:	ESCC (Mammoth Lakes)	Room Number:	208

In this class, you will learn how to:

- Apply basic principles and composition for business photography for use with social media
- Understand image resolution, image sizing, and saving files for the web
- Use open-source and free image editing software
- Develop basic digital imaging skills using a variety of software including enhancing, cropping correcting, overlays, and text



PROFESSIONAL DEVELOPMENT SERIES



To suggest more topics for our Professional Development Series – see Page 5

Getting Paid to Talk

Instructor:	Voice Coaches	Fee:	\$30 per person
Class Dates:	08/20/12 (Monday)	Minimum Age:	18
Times:	6:30 P.M. to 9:00 P.M.	Class Size Limit:	25
Campus:	Eastern Sierra College Ctr. (Mammoth)	Room Number:	TBA
Instructor:	Voice Coaches	Fee:	\$30 per person
Class Dates:	08/21/12 (Tuesday)	Minimum Age:	18
Times:	6:30 P.M. to 9:00 P.M.	Class Size Limit:	25
Campus:	Kern River Valley (Lake Isabella)	Room Number:	7
Instructor:	Voice Coaches	Fee:	\$30 per person
Class Dates:	08/22/12 (Wednesday)	Minimum Age:	18
Times:	6:30 P.M. to 9:00 P.M.	Class Size Limit:	25
Campus:	Indian Wells Valley (Ridgecrest)	Room Number:	236
Instructor:	Voice Coaches	Fee:	\$30 per person
Class Dates:	10/15/12 (Monday)	Minimum Age:	18
Times:	6:30 P.M. to 9:00 P.M.	Class Size Limit:	25
Campus:	Eastern Sierra College Ctr. (Bishop)	Room Number:	TBA

This class is an upbeat, informative, and realistic introduction to professional Voice Acting. The class has generated feature stories in The Washington Post, The Baltimore Sun, The Tampa Tribune, The Philadelphia Enquirer, and numerous other news publications and is currently offered through more than 200 continuing education providers.

If you have been told you have a great voice, use your voice in your profession, or are just curious about the professional voice acting field, "Getting Paid to Talk" is a great place to start.

For more information on this class, go to www.voicecoaches.com/gptt/

SAFETY SERIES



Driver's Education

Instructor:	James Thompson	Fee:	\$50 per person
Class Date:	06/04/12 - 06/15/12 (Monday - Friday)	Minimum Age:	14.5
Times:	12:30 P.M. to 3:30 P.M.	Class Size Limit:	30
Location:	Kern Valley High School (Lake Isabella)	Room Number:	TBA

This Driver's Education class will present to the beginning driver a practical and realistic guide to the fundamentals of driving and the rules of the road. This course will take the student step-by-step from the basics of vehicle control to the specific dangers of different driving environments to the responsibilities of vehicle ownership. The student will receive knowledge to help him/her be a safe and competent driver.

This class does not offer behind the wheel instruction, but it does meet the requirements of the California Department of Motor Vehicles for the **DMV Provisional Permit and License**. Parental consent required for students under the age of 18.



HEALTH / FITNESS SERIES



ZUMBA®

Instructor:	Lisa Baker	Fee:	\$35 per person
Class Dates:	09/15/12 - 11/03/12 (Saturdays Only)	Minimum Age:	16
Times:	9:00 A.M. to 10:00 A.M.	Class Size Limit:	40
Campus:	Indian Wells Valley (Ridgecrest)	Room Number:	407 (College Gym)

Burn calories using simple Latin and International Dance moves to increase the fun factor. The routines feature fast and slow rhythms that tone and sculpt the body while burning fat. The music, created with specific beats and tempo changes, transitions the workout seamlessly from toning to strengthening to cardio thus targeting every major muscle group in the body.

Basic Yoga for Relaxation & Strengthening

Instructor:	Stephanie Loutas-Kapeles	Fee:	\$30 per person
Class Dates:	09/08/12 - 10/13/12 (Saturdays Only)	Minimum Age:	16
Times:	10:00 A.M. to 11:00 A.M.	Class Size Limit:	20
Campus:	Indian Wells Valley (Ridgecrest)	Room Number:	407 (Campus Gym)

In this class, you will learn how to:

- Complete a yoga warm-up routine
- Practice various yoga sequences and practice Sun Salutations
- Engage in restorative and relaxation poses
- Breathe with intention & improve mental relaxation techniques
- Learn about the use of props such as blocks, straps, and bolsters

To suggest more topics for our Health/Fitness Series – see Page 5

Aerobics for Older Adults - Summer

Instructor:	Jean Pack	Fee:	\$45 per person
Class Dates:	06/11/12 - 08/01/12 (Mon. & Wed.)	Minimum Age:	45
Times:	11:00 A.M. to 11:50 A.M.	Class Size Limit:	35
Campus:	Kern River Valley (Lake Isabella)	Room Number:	G

This is an aerobic fitness class designed for older adults (ages 45+) to strengthen the heart muscles through cardiovascular exercise. In addition, muscular strength and endurance will be addressed through body weight exercise as well as use of aerobic steps.

Aerobics for Older Adults - Fall

Instructor:	Jean Pack	Fee:	\$45 per person
Class Dates:	08/20/12 - 12/10/12 (Mon. & Wed.)	Minimum Age:	45
Times:	7:45 A.M. to 8:30 A.M.	Class Size Limit:	35
Campus:	Kern River Valley (Lake Isabella)	Room Number:	G

This is an aerobic fitness class designed for older adults (ages 45+) to strengthen the heart muscles through cardiovascular exercise. In addition, muscular strength and endurance will be addressed through body weight exercise as well as use of aerobic steps.

HOBBY SERIES



Collecting: Myths, Facts, & Tips

Instructor:	Clint Dougherty	Fee:	\$15 per person
Class Dates:	05/03/12 (Thursday)	Minimum Age:	16
Times:	6:30 P.M. to 8:00 P.M.	Class Size Limit:	15
Campus:	Indian Wells Valley (Ridgecrest)	Room Number:	236

This class will show you how to begin a hobby (or career) as a Collector. Specifically, you will learn:

- The myths and facts about collecting
- How to assess the value of your collectibles
- How to identify reproductions and fakes from original items
- How to negotiate the best price for a collectible item
- Where to find unique and collectible items for your collection
- How to create a small business collecting items you love

To suggest more topics for our Hobby Series – see Page 5

This class also offers a field trip on Saturday (May 12) that will involve visiting a variety of locations that have collectibles. This field trip is optional and is included in the \$15 enrollment fee.

LANGUAGE SERIES

Conversational French - Intermediate

Instructor:	Stephanie Loutas-Kapeles	Fee:	\$65 per person
Class Dates:	09/11/12 - 10/18/12 (Tue. & Thu.)	Minimum Age:	12
Times:	6:00 P.M. to 7:00 P.M.	Class Size Limit:	20
Campus:	Indian Wells Valley (Ridgecrest)	Room Number:	TBA

In this class, you will learn how to:

- Learn how to tell time in French
- Ask questions about activities
- Talk about family relations
- Study possessive structures
- Learn about professions
- Use the verb “être” and discuss activities using “er” verbs

To suggest more topics for our Language Series – see Page 5

ART SERIES

Community Workshop: Ceramics Open Studio

Instructor:	Patty Holton	Fee:	\$95 per person
Class Dates:	05/15/12 - 06/26/12 (Tuesdays)	Minimum Age:	16
Times:	5:30 P.M. to 8:30 P.M.	Class Size Limit:	15
Campus:	Eastern Sierra College Ctr. (Bishop)	Room Number:	TBA

In this class, you will work independently on your own ceramics projects with the guidance of an experienced instructor. Specifically, you will have the opportunity to:

- Manipulate clay into functional and artistic forms
- Use hand-building techniques to mold clay
- Decorate your clay projects with your own design

To suggest more topics for our Art Series – see Page 5

If you have questions about the content of this class, call Patty Holton at (760) 938-2460

Community Education Class Request

To request a Community Education class using our online form go to: www.cerrocoso.edu/communityed/class-request.htm

Name

Phone

E-Mail

City/Town Where You Live

City/Town Where You Work (if different)

Please let us know what you would like us to offer through our Community Education office. You can list any topic, hobby, skill, and recreational activity that you feel will help you personally or professionally. If possible, please provide details for each of your topics (i.e. what you want to learn, prefer day, evening, or weekend classes, etc.).

If we receive enough interest for one of your topics (near your work or home), we will contact you with more details about the class. *(Note: These classes do not award college credit.)*

Topic #1

(Optional) Names of others who also might be interested in this topic

Details:

Topic #2

(Optional) Names of others who also might be interested in this topic

Details:

Topic #3

(Optional) Names of others who also might be interested in this topic

Details:

Please mail, fax, e-mail, or hand-deliver this form to:

Office of Community Education
Cerro Coso Community College
3000 College Heights Boulevard
Ridgecrest, CA 93555

Fax: (760) 375-4776
communityed@cerrocoso.edu

Are you interested in teaching a Community Education class? You will need to demonstrate a professional expertise in the subject you want to teach, but a college degree is not required to teach most Community Education classes.

To be considered for a Community Education instructor position, please complete the following short form.

The complete form with instructions can be found at www.cerrococo.edu/communityed/class-proposal.pdf

COMMUNITY EDUCATION Class Proposal Short Form

Today's Date:					
Last Name:		First Name:		Middle Initial:	
Address:			City:		State:
Zip:					
Phone:		E-Mail:			Fax:
Business Name (if applicable):			FEIN (if known):		Bus. Phone:

Are you currently an employee of the Kern Community College District? Yes No

If you answered yes above, please indicate: Classified Certificated Management

Campus (where you would like to teach this class)		If Not at Campus, Address of Class Location
<input type="checkbox"/> Indian Wells Valley (Ridgecrest) <input type="checkbox"/> Eastern Sierra College Ctr. (Bishop) <input type="checkbox"/> Eastern Sierra College Ctr. (Mammoth)	<input type="checkbox"/> Kern River Valley (Lake Isabella) <input type="checkbox"/> South Kern (California City) <input type="checkbox"/> South Kern (Edwards AFB)	Room Rental Fee (if any) <input style="width: 50px;" type="text" value="\$"/>

Suggested Class Title:	Total # of Class Hours:
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Learning Objectives

By the end of this class, participants will know how to:

-
-
-
-

Please mail, fax, e-mail, or hand-deliver this form to:

Office of Community Education
 Cerro Coso Community College
 3000 College Heights Boulevard
 Ridgecrest, CA 93555

Questions? Contact us at (760) 384-6106

Fax: (760) 375-4776
communityed@cerrococo.edu

Registration Information

BY MAIL: Make the check or money order payable to Cerro Coso Community College and mail the payment and completed form to:

Office of Community Education
Cerro Coso Community College
3000 College Heights Boulevard
Ridgecrest, CA 93555

BY FAX: If you would like to pay by VISA or MasterCard, you may register by completing the payment information below and faxing this form to:

(760) 384-6377

IN PERSON: You can bring the completed registration form & payment to the campus nearest you. Call your preferred campus for driving directions.

Indian Wells Valley - Ridgecrest (760) 384-6106
ESCC - Bishop (760) 872-1565
ESCC - Mammoth (760) 934-2875
Kern River Valley - Lake Isabella (760) 379-5501

Refund/Drop policies can be viewed at: www.cerrocoso.edu/communityed/refunds.htm



COMMUNITY EDUCATION Registration Form



Today's Date _____ If you are a current or past Cerro Coso student, provide your Student ID # (if known): @ _____

Last Name _____ First Name _____ Middle Initial _____

Address _____ City _____ State _____ Zip Code _____

Telephone Number _____ E-mail Address _____

Your Age Group

8 - 17 18 - 35 36 - 50 51 +

ACKNOWLEDGEMENT & ASSUMPTION OF POTENTIAL RISK

I understand and acknowledge that some community education activities offered through Cerro Coso Community College may pose a potential risk of injury/illness to individuals who participate. I also understand and acknowledge:

- A. That in order to participate in these community education activities, I agree to assume liability for any and all potential risks which may be associated with participation in such community education activities.
- B. That the college, its employees, officers, agents, or volunteers shall not be liable for any injury/illness suffered by me while preparing for and/or participating in these community education activities.
- C. That I have no known medical condition which may post a risk to the health/safety of me or others participating in these activities.

Student Signature: _____ If student is a minor, Parent/Guardian Signature: _____

Campus (where class will be held)	Class Title	Date(s)	Class Times	Class Fee
<input type="checkbox"/> Indian Wells Valley (Ridgecrest) <input type="checkbox"/> Eastern Sierra College Center (Bishop) <input type="checkbox"/> Eastern Sierra College Center (Mammoth) <input type="checkbox"/> Kern River Valley (Lake Isabella) <input type="checkbox"/> South Kern (California City)		Start: End:	Start: End:	\$



Credit Card Number _____ Exp. Date (mo/yr) _____ 3-Digit Security Code _____ \$ _____
(on back of card) Total Fees

Name as it appears on the card (please print/type): _____

Authorized Credit Card Signature: _____